

TakeNote

Pastor Shawn Thornton—

July 27–28, 2024

It's All About the Heart

—Matthew 5:17–48

Part 4 in a sermon series on *The Sermon on the Mount* (Matthew 5–7)

**When you intentionally cultivate integrity in your heart,
you gradually alleviate hypocrisy in your life.**

The righteous standard of the Pharisees (vs. 17–20)

1. Cultivating a forgiving heart

reduces the risk of a bitter life (vs. 21–26)

- Deal with unresolved grievances promptly (vs. 23–24)
- Deal with interpersonal conflicts quickly (vs. 25–26)

2. Cultivating a pure heart

reduces the risk of an immoral life (vs. 27–30)

- Take lust as seriously as adultery (vs. 28)
- Treat lust as seriously as amputation (vs. 29–30)

3. Cultivating a compassionate heart

reduces the risk of a calloused life (vs. 31–32)

- Don't trivialize the sanctity of marriage (vs. 31)
- Don't demonize the dignity of another person (vs. 32)

4. Cultivating a trustworthy heart

reduces the risk of a sketchy life (vs. 33–37)

- Keep what you say simple (vs. 34–36)
- Keep what you promise clear (vs. 37)

5. Cultivating a grace-driven heart

reduces the risk of a grudge-filled life (vs. 38–42)

- When wronged, never get even (vs. 39a)
- When wronged, always give more (vs. 39b-42)

6. Cultivating a humble heart

reduces the risk of an arrogant life (vs. 43–47)

- Love those who agitate you (vs. 44a)
- Pray for those who frustrate you (vs. 44b)
- Engage those who isolate from you (vs. 45-47)

The perfect standard of God (vs. 48)

**Are you cultivating integrity in your heart
or are you letting hypocrisy ruin your life?**