

TakeNote

Pastor Brian Howard—

July 9–10, 2022

The God Who Rescues Addicts

—Psalm 18:1–2

Part 5 of a series from the Book of Psalms titled: “It’s OK to Not Be OK”

In some sermons, the Spirit wants to speak to you.

In other sermons, the Spirit wants to speak through you.

If victory depends on your willpower, it is hopeless

If victory depends on the Lord’s power, there is hope

Victory over addiction begins with prayer

Addiction is often rooted in:

5 ways to humble yourself in your addiction:

1. **Confess** to God that you are addicted and need help
2. **Admit** to another human being that you are addicted and need help
3. **Resolve** to stop lying about your behavior
4. **Submit** yourself to a recovery program, plan, or process
5. **Find** a place to serve consistently

“I am powerless but there is power in the name of Jesus.”